

PRIVACY NOTICE

(Why I collect your personal data and what I do with it)

When you supply your personal details to me I store and process them for 4 reasons (the words in bold are the relevant terms used in the Data Protection Act 2018, which includes the General Data Protection Regulation):

1. I need to collect personal information about your health in order to provide you with the best possible treatment. Your requesting treatment and my agreeing to provide that care constitutes a contract. You can, of course, refuse to provide the information but if you do that I will not be able to provide treatment.
2. I have a **legitimate interest** in collecting that information, because without it I could not do my job effectively and safely.
3. I also think that it is important that I can contact you in order to confirm your appointments with me or to update you on matters related to your medical care. This again constitutes **legitimate interest**, but this time it is your legitimate interest.
4. Provided I have your **consent** I may occasionally send you general health information in the form of articles, advice or newsletters. You may withdraw this consent at any time – just let me know by any convenient method.

I have a **legal obligation** to retain your records for 8 years after your most recent appointment (or age 25, if this is longer), but after this period you can ask me to delete your records if you wish. Otherwise, I will retain your records indefinitely in order that I can provide you with the best possible care should you need to see me at some future date.

Your records are stored on paper, in files, in my home.

I will never share your data with anyone without your written consent.